

The Alleged Bad “Pathogens” The False Target of Orthodox Medicine

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Virus, Bacteria, Fungi, ...

The foundation of modern medicine has been the germ theory for a good century now. All diagnostics and therapy are based on this theory, which is now a global industry worth billions of dollars. Antibiotics, cortisone, vaccinations etc. are the drugs of choice. Once you know the “pathogen”, all you have to do is eradicate it and the patient will be healthy, according to the conventional doctrine. However, this theory remains wishful thinking and leads to a dangerous dead end, as the real *biological laws of nature* clearly speak a different language and such measures have devastating consequences over time, as we are unfortunately seeing more and more. *Never before have there been so many chronically ill people as in the last few decades, even as young children. Moreover, the trend is steadily increasing!*

For this reason, it is time to provide comprehensive – but generally understandable – information on the nature of microbes (short for microorganisms). It is of imminent importance for everybody to know the facts about this topic. The knowledge of these connections allows one to judge things independently, even without medical studies!

In order to better understand the overall context of microbes, which are demonized everywhere these days as “the bad pathogens”, let's take a systematic approach to this topic.

The Two Phases of Diseases

One of the most important natural laws which is also important for homeopathy when assessing the stages and course of disease is the *two-phase nature of disease* (Fig. 1). According to this law, every disease has two phases, beginning with *permanent sympathicotonia* and ending with normal health via *permanent vagotonia*.

Let's take a closer look at the two phases. First, a few explanations of terms regarding vegetative innervation. As we know, in a healthy state, the organism swings between the two “reins” of the autonomic nervous system (ANS), i.e. that part of the nervous system that operates its vegetative functions (regulation of the unconscious and involuntary internal processes of life and their adaptation to the requirements of our environment). This autonomic nervous system consists of two parts: the so-called sympathetic nervous system for addressing stresses and the parasympathetic nervous system (mainly the widespread vagus nerve) for the subsequent required regeneration. The sympathetic nervous system dominates in life-and-death situations

such as fighting, stress, flight, and defense and mobilizes all of the organism’s strength to survive (“win”) or reestablish security, whereas the vagus regulates the rest, relaxation, and regeneration that must follow. Under predominantly vagotonic innervation, the digestive organs work primarily to assimilate vital substances from the food and feed them back into the cells so that we can successfully get through the next day, i.e. have energy to fuel our vegetative systems (“rest and digest”). From a big-picture perspective, this is the basic day/night rhythm we are all familiar with.

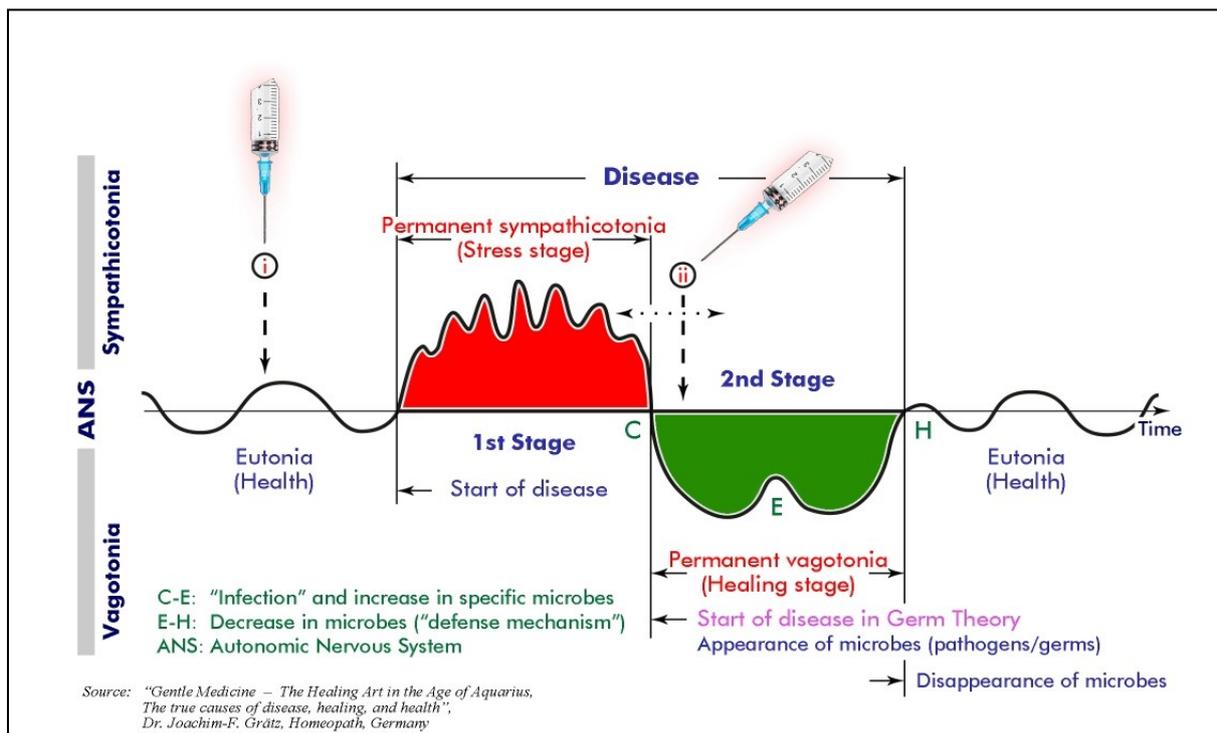


Fig. 1: The Two Phases of Diseases with Permanent Sympathicotonia and Permanent Vagotonia

Eutonia, i.e. the healthy state, means normal innervation and is characterized by the constant, natural rhythms of the sympathetic and parasympathetic parts of the autonomic nervous system. Disease suddenly disrupts this uniform sinus-like vibration. The organism immediately switches to *permanent sympathicotonia*, which means that the nervous system sees itself as under constant stress and, for the time being, no vagotonic recovery phase takes place. This vegetative phase of continuous stress, the “cold stage” of the overall disease, which basically includes the prodromal symptoms¹ of the disease as they would say in conventional medicine, is often recognizable by cold hands and feet, loss of appetite, insomnia, imbalance, grumpiness in children (nothing seems to appease them), and much more. Everyone knows such situations when young parents notice a change in their children and think: “I bet our little one is getting sick.” If they then get sick (in the conventional sense) and have to stay in bed, the children are, in fact, already in the *second phase of the disease*, the “warm stage”, which is usually accompanied by fatigue and fever, i.e. what conventional medicine *regards as the actual illness*. It is controlled by vagotonic (parasympathetic) innervation, the other part and functional state of the

¹ Prodromal manifestation: indicator, early symptom.

autonomic nervous system, the so-called *permanent vagotonia*. This includes traditional diseases such as all inflammations (e.g. bronchitis, pneumonia, ear infections, etc.), but also neurodermatitis flare-ups, epileptic seizures, acute rheumatic complaints, ovarian cysts, and much more. In fact, these are the *HEALING phases of diseases* that started much earlier as active diseases and which were always¹ preceded by a phase of permanent sympathicotonia. In infants, they may have already existed in the womb!

The Appearance of Microbes or so-called “Pathogens”

Every disease, from every minor ailment all the way to cancer, basically proceeds according to a very specific pattern. It occurs in two phases, if the second phase ever occurs, and is essentially governed by our “central computer”, our brain. First, the so-called stress phase begins, in which the sympathetic portion of the autonomic nervous system is dominant, the permanent sympathicotonia, followed by the second phase, the actual healing phase, the so-called permanent vagotonia, which was previously regarded as a (sole) independent disease. *It is only in this second phase of the disease that the so-called “pathogens” (microbes) increase in numbers*, which, strictly speaking, cannot really be the cause of the disease at all. They are at best its markers. In other words, *indicators* rather than *initiators*!

Some 200 years ago, *Hahnemann*, who was known for his meticulous observations and conclusions, already spoke of contagion from a disease-causing agent (active entity or principle) and did not mean a material cause, but an *intangible, dynamic (spirit-like) agent*! And *Allen*, the well-known homeopath and professor of skin and venereal diseases, taught a century ago that *“the pathogenic bacteria or micro-organisms are not the cause of morbid conditions, but the results thereof”*, an assertion repeated by *Kent* in his Lectures on Homoeopathic Philosophy given around 1900: “Bacilli are not the cause of disease, they never come until after the disease.”

Microbes - Actually Helpers

James T. Kent told his students in the USA a hundred years ago: “Allopaths are really taking the sequence for the consequence, thus leading to a false theory, the bacteria theory. *You may destroy the bacteria and yet not destroy the disease*. The susceptibility remains the same, and only those that are susceptible will take the disease. Bacteria have a use, for there is nothing in the whole world that does not have a use, and there is nothing sent on earth to destroy man. The bacteria theory would make it appear that the all-wise Creator has sent these micro-organisms here to make man sick.” And elsewhere: “... but I might throw out a few hints to set you thinking until we come to it again. – We know that a dissecting wound is very serious if the body dissected is recently dead, and this we would suppose to be due to some bacteria of wonderful power capable of establishing such a dreadful erysipelatous poisoning that would go into man’s blood and strike him down with a sort of septicæmia². In truth, soon after death we have a

¹ Exceptions such as injuries, radiation damage, etc. confirm the rule.

² Septicemia: sepsis, so-called blood poisoning.

ptomaine poison, the dead body poison, which is alkaloidal in character, but we do not yet discover the presence of bacteria. The poison is there, and if a man pricks himself while dissecting that body and does not take care of the wound he may have a serious illness and die. But if after the cadaver has remained some time and become infected with bacteria, the dissector pricks himself the wound is not dangerous.¹ *The more bacteria the less poison.* A typhoid stool when it first passes from the bowel has a very scanty allowance of bacteria, and yet it is very poisonous. But let it remain until it becomes black with bacteria and it is comparatively benign.” (emphasis added by the author)

Microbes – Building Blocks for Higher Organisms

Healthy living tissue is therefore in no way “attacked”. These microorganisms feed exclusively on body cells that are used up or destroyed, i.e. necrotic, organically dead. And that’s not just the case with humans; this applies to all life on earth, including animals, plants, and even soil. This also includes insects, vermin, pests, etc. It basically applies to all of mother earth. All these entities each have a specific physiological task to perform, in line with the big picture. It’s the eternal cycle of nature! Microbes are the lower building blocks for higher organisms into which the latter decompose after death; this is proof of the infinity of the cosmos and the immortality of all living things and that life can only be preserved through life. H. P. Ruesch already pointed this out a long time ago with his *Gesetz von der Erhaltung und dem Kreislauf lebendiger Substanzen (Law on the preservation and cycle of living substances)*.

Microbes – The Indicators of the Second Phase of a Disease

With knowledge of the principle of the two-phase nature of diseases, this fact can now be formulated even more precisely: *Microbes are indicators of the second phase of a disease because they are always preceded by a sympathicotonic stress phase.* They are centrally directed and activated by our brain and have very specific *clean-up tasks* to perform depending on which *embryonic germ layer*² they belong to. In this sense, each of the microbial groups work on only very specific organ groups that belong to the same embryonic germ layer as determined by *ontogenetic*, i.e. evolutionary (*the natural laws behind the ontogenetic system of microbes*).

Microbes – Directed by the Brain

Viruses are always controlled by the cerebrum (by the cerebral cortex) and belong to the ectoderm (outer germ layer), while fungi are always directed by the brain stem, the oldest part of our complex brain in terms of evolution, and belong to the endoderm (inner germ layer).

The cerebellum and the cerebral medulla, which in turn control other groups of microbes, such as bacteria, develop from the mesoderm (middle germ layer). Each organ or certain parts of

¹ Kent must have been very familiar with this, after all, he had been a professor of anatomy at the university before devoting himself to homeopathy!

² In the embryonic stage all organ tissues develop from the three cotyledons (germ layers), the outer, the middle and the inner cotyledon (ectoderm, mesoderm, endoderm).

organs are innervated and controlled precisely by one of these brain parts (see Fig. 2) or special areas of these brain parts and are therefore only associated with one germ layer, which at the same time means that *only certain groups of microbes can be expected in the event of disease*. Viruses have the task of replenishing tissue that was destroyed in the permanently sympathicotonic phase of the disease in the sense of microscopic ulcers (ulcerative holes; inflammation of the skin or mucous membrane with local loss of substance) in the vagotonic healing phase with swelling and secretion of mucus. In other words, their job is purely one of reconstruction or restoration. The opposite is true for fungi: they remove tissue that proliferated in the first phase of the disease.

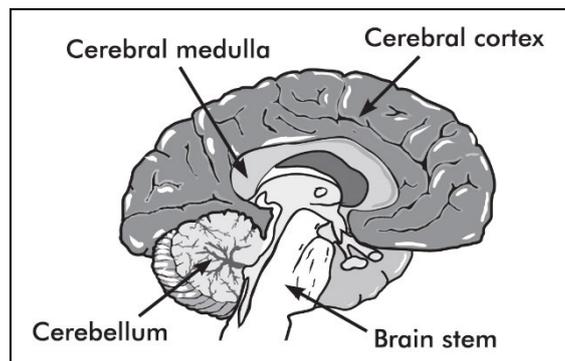


Fig. 2: The Brain

Fever - Working Temperature of the Microbes

The microbes, therefore, support the body in restoring its health, as strange as this may sound at first, considering we’ve been taught differently for over 100 years. However, they can only perform their tasks at a certain temperature, which is commonly referred to as a fever. That’s why one should never fight any fever. The timing of when the microbes get to work doesn’t depend on external factors, as conventional medicine would have us believe, but is instead determined exclusively by our “host computer”, our brain. It starts once we begin to transition to the permanently vagotonic healing phase. *Therefore, the microbes along with a fever have their significance and physiological purpose.* “And we always believed that the microbes ‘attacked’ or affected the organs!” says Dr. Hamer, the discoverer of these important connections.

The Disappearance of the Microbes, of the So-called “Pathogens”

So, it’s not generally “bad” microbes that need to be exterminated, since they disappear automatically when they’re no longer needed. The *supposed battle against disease* that they always thought could be seen under the microscope is, in fact, *not a real fight* at all, but just a different “snapshot” of *immunological processes at a later point during the overall healing phase*. First, the microbes are activated and built up depending on which germ layer and organs they’re assigned to by the responsible brain area so that they can perform certain clearing work (the first part of the healing phase, what conventional medicine calls the “infection”). Once that work is complete, the microbes are taken out of circulation again (approx. from Point E in

Fig. 1) by the leukocytes, lymphocytes, macrophages, antibodies, etc., what conventional medicine calls our defense or immune system (the second part of the healing phase). However, the latter can hardly be the real defense, since, with few exceptions, there is no real aggressor from the outside. After all, the microbes come from the inside and are activated centrally by our brain! So, they're *neither good nor bad*. Just *another snapshot of natural, purely immunological phenomena*.

The Immune System

The idea of the immune system as engaged in a fight between good and evil is therefore no longer sustainable. The immune system as conventional medicine defines it doesn't exist! What remains are the facts, not the alleged system. This doesn't mean that such reactions are completely harmless. On the contrary: they can turn out to be very severe and exhausting under certain circumstances; in individual cases they can even lead to death. The appearance of microbes, however, is an indication of the second phase of a disease, the vagotonic healing phase.

In other words, *the so-called “pathogens” only appear under certain circumstances, i.e. a very specific innervation*. So they never show up when we're in perfect health, when the sympathetic and the vagotonic parts of the autonomic nervous system are in balance in a state of eutonia. Only the change in the terrain and the conditions favors the growth and the multiplication of microbes due to a central “malfunction”, a kind of *biological emergency or a special program of nature*.¹

Let's recall the *infectious diseases from a historic point of view* back to our memory! – As I said, today we know that *microbes are physiologically normal in permanent vagotonia*. – So far, however, *the two-phase nature of diseases* was not yet known and microorganisms could be seen in the microscope, which otherwise could not be seen in health (or also in *permanent sympathicotonia*, which was also not perceived as such). So the logical conclusion seemed to be that these microorganisms didn't belong there; they come from outside (where else?) and would infect you and make you sick; they are therefore “pathogens”.

Sounds logical at first glance, but it is a pure interpretation of what has been observed. And only because disease has been equated with the *vagotonic healing phase* (which unfortunately is still done worldwide nowadays) and compared directly with *eutonia* (read: vegetative innervation with health)!

If, on the other hand, *permanent sympathicotonia* is included as the first part of a *two-phase disease*, microbes take on a completely different meaning and significance! They develop in *permanent vagotonia* from a stem cell at the push of a button of our brain and restore tissue that has been affected (proliferated or melted down) in *permanent sympathicotonia*; they are our physiological symbionts in the vagotonic healing phase and should under no circumstances be

¹ The term “illness” or “disease” in the conventional sense is actually usually wrong. It would be better to speak of *special biological programs*, because in most cases we are talking about the *vagotonic healing phase* of an illness (e.g. pneumonia, bronchitis, otitis media, etc. – in principle primarily all inflammatory processes).

fought!

Therefore, we must not compare the appearance of microbes with health (eutonia). They only appear when damaged tissue must be repaired. So they don't come from outside and attack you, but are *centrally controlled* from the inside, during the *vagotonic healing phase*, to help the organism!

Thus, the term “virus” is not quite correct, since it is by no means a poison; however, we will keep it in this paper for better understanding, in order to have a term at all.

With this in mind, let's have another look at Fig. 1.

The Microbes and the Terrain

Louis Pasteur also suspected this, when, in his later years, he acknowledged the truthfulness of the research work of the French doctor and scientist Pierre Jacques Antoine Béchamp (1816-1908), his contemporary and opponent, and admitted that the organism initially falls sick and, then, the bacteria and viruses proliferate. He finally confessed: “La bactérie n'est rien, le terrain c'est tout.” (“The microbe is nothing, the terrain is everything.”) Towards the end of his life, the father of microbiology was now convinced that microbes were only indicators and in no way the cause of diseases. In addition, even as a non-homeopath, he was aware of the *phenomenon of suppression*: “If you think you can eliminate diseases simply by suppressing and killing the bacteria that occur, you will experience some horrible surprises.” Towards the end of his life, Virchow, the founder of cellular pathology (“The disease is in the cell.”) also acknowledged the *vital force*, one of the central pillars of homeopathy. “Nevertheless, the established conventional medicine sticks to the ‘juvenile sins’ of Virchow and Pasteur to this day.” states Dr. Otto Eichelberger, a famous German homeopath of our time.

The Pathogens that are not Pathogens at all

According to these correlations, every disease has a biphasic course, provided the second phase is reached at all, and is essentially regulated by our “control center” brain, which can be photographed with the help of modern technology (computer tomograms of the brain, so-called CCTs, without contrast agent), i.e. made visible and thus proven beyond doubt, and is “scientifically” reproducible. As the *microbes only appear in increased numbers in the second phase of the disease*, they cannot be real pathogens and thus the cause of the disease. The term “pathogen” is therefore also fundamentally wrong (which is why it is usually written in quotation marks here)! Strictly speaking, these microbes are at best *indicators of the second phase of a disease, the actual healing phase!* They are always preceded by a permanent stress phase of the ANS (Fig. 3)! They therefore only appear with a certain terrain, under a very specific innervation, namely *permanent vagotonia!* This emergency or special program of nature favors their targeted growth and multiplication in the form of very specific microbes, depending on the localization, i.e. the organ and tissue type to be processed. Accordingly, they are consciously controlled, *even wanted*, and have their *physiological clean-up function* depending on their

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cotyledon affiliation, which can be explained from an evolutionary point of view: either to replenish tissue by secreting mucus, which was destroyed in the stress phase of the disease, or to remove tissue that has previously proliferated. And when they are no longer needed, they are taken out of circulation again (which, if you are unaware of these connections, looks like an acutely angry defensive struggle under the microscope).

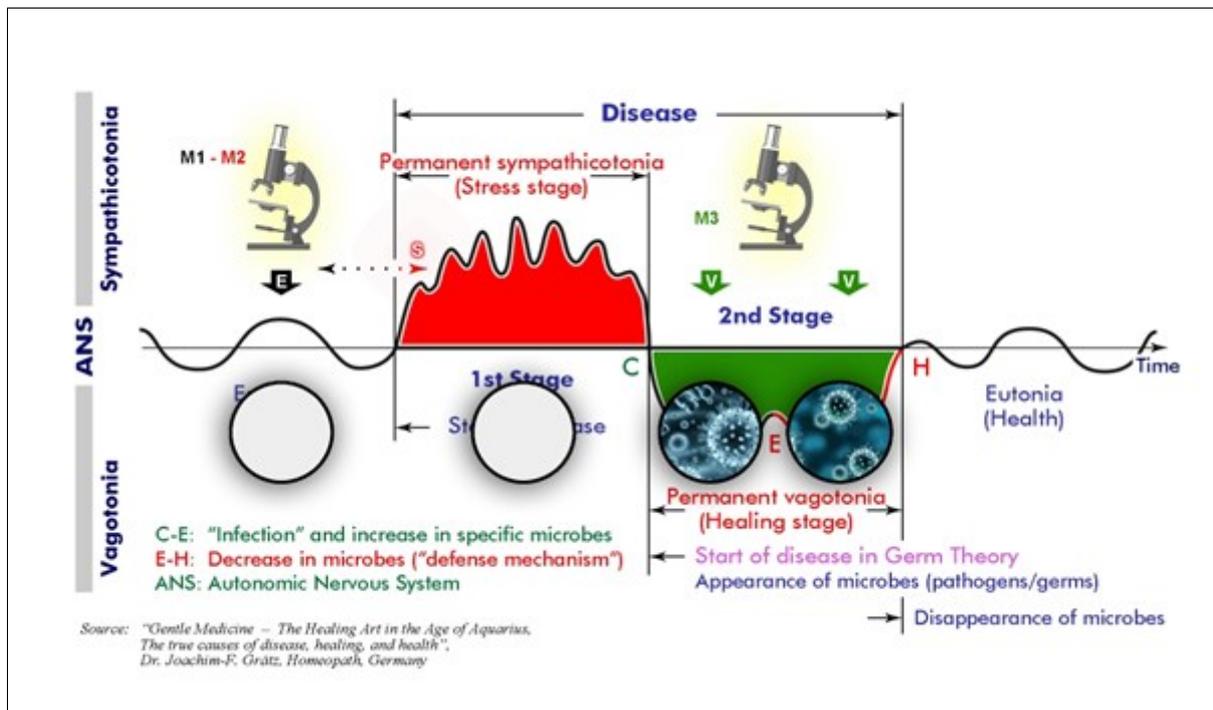


Fig. 3: The Microscope & the Microbes Referring to the Two Phases of Diseases:

- M1 ➤ Eutonia – vegetative innervation during health: No microbes significantly present!
- M2 ➤ Permanent sympathicotonia: No microbes significantly present!
- M3 ➤ Permanent vagotonia (section C-E): Increasing of microbes. It's swarming with microbes!
- M3 ➤ Permanent vagotonia (section E-H): Increasing of microbes. „Defense mechanism“ according to conventional view.

The idea of the immune system as the battle of good against evil and the associated so-called antigen-antibody theory – in the sense of a central pillar of defense – must therefore be regarded as antiquated.

Vaccinations - The Cause of a Confused Immune System

Thus, it cannot be habit that confers immunity, and much less is it a forced introduction of microbes that – if everything goes smoothly – induces the production of certain antibodies! The introduction of such microbes for the purpose of “training” the immune system in a healthy organism that has not “switched over” to vagotonia – and vaccination usually takes place in

eutonia (Fig. 1) – must therefore inevitably have consequences.¹ The body is in no way prepared for the invasion of such microorganisms! And certainly not for such diverse microbes, which does not occur in nature. There is no such thing as a child contracting diphtheria, whooping cough, tetanus, meningitis, and polio at the same time! *Vaccinations can therefore not be targeted active immune training, but are the cause of a completely confused immune system!*

Fighting or Manipulating Microbes - A Wrong Approach to Therapy

One doctrine of established orthodox medicine is to constantly fight the occurrence of microbes without being aware, that thereby it is directly torpedoing the healing phase of the disease. Through its coarse therapeutic measures, it upsets the natural balance in the organism without touching the actual causes of the illness. This is particularly evident in the case of antibiotics and cortisone. Cortisone – a stress hormone – acts directly on the brain (mainly the cerebrum) by suppressing the healing phase of the disease and driving the patient back into permanent sympathicotonia (stress phase)! This is particularly obvious in the case of neurodermatitis.

Cortisone initially appears to heal the rash, as its symptoms disappear, but in reality – in terms of time – it is pushed “back to the beginning” (into the permanent sympathicotonia or stress phase of the disease!), which means that the rash has to flare up again in the event of another attempt at healing (going through the vagotonic healing phase again), and this is usually significantly worse than before. If the skin rash nevertheless remains absent, this is by no means synonymous with “real” healing, as other health disorders – in the sense of a substitution process – usually occur, such as bronchial asthma, spastic bronchitis, epileptic seizures and much more, depending on the weak point of the organism and miasmatic predisposition. This phenomenon – unfortunately not uncommon nowadays – is called *suppression: One disease disappears and in its place there is another, usually more serious one.*

From an energetic point of view, however, it is one and the same illness; only the location of the event has changed. As a rule, the superficial disease has been driven further inside and has thus worsened or complicated itself. – The same applies – *mutatis mutandis* – to many contagious diseases (so-called infections) that are treated with antibiotics or other immunosuppressive drugs, such as the scarlet fever relapses that are common today. – In my practice, I have known children who have had scarlet fever up to 8-10 times! – Basically, scarlet fever is a quite harmless childhood disease; only if it is constantly pushed away by heroic medication, so that the healing skin rash in the sense of a cleansing process fails to appear, can it become dangerous and lead to later complications.

Fatal Excesses of Future Vaccination Plans

An article in Focus magazine from February 1998 shows the extent to which the belief in the germ theory has already grown, stating that, according to the WHO vaccination report, vaccines

¹ Of course, it can also happen that vaccination is carried out during a *permanent sympathicotonic phase* or a *vagotonic healing phase (permanent vagotonia)*, which may lead to unpleasant reactions even more quickly.

against around 60 different diseases are currently in the final stages of testing. These include diarrhea, middle ear infections, stomach ulcers, Lyme disease and respiratory infections. A lunacy beyond compare, especially in view of the miasms, which are exorbitantly exacerbated by such measures! “Soon we will be able to vaccinate against practically every disease. And the number of possible combinations is almost unlimited.” – Dr. Klaus Gritz, then President of the Professional Association of Paediatricians and Member of the Standing Committee on Vaccination [STIKO], Germany) – An undertaking that is doomed to failure from the outset due to the laws of nature. On the other hand, it seems *to pave the way for even more chronic illnesses – and in the earliest infancy*. There are already very young children with bronchial asthma, ulcerative colitis (a chronic inflammatory bowel disease), epilepsy and other – according to conventional medicine – incurable diseases, and the number is constantly rising! If the above “program” becomes reality, the curve of chronic diseases in early childhood will change progressively. Goodbye public health!

The Antigen-Antibody Theory – “Embellished” from the Very Beginning

Since *conventional medicine equates immunity with the presence of specific antibodies in the blood*, this approach is reduced to a completely materialistic way of thinking, which implies the targeted artificial build-up of antibodies and the constant fight against microbes in acute cases. But our immune system is far more complex! *It can never be reduced to a purely material component such as the mere presence of one or another concentration of antibodies*; this proves to be too simple and also wrong! In this context, we should also remember the homeopathic idea of the vital force, the immaterial, energetic control center of the organism, which makes all chemical and immunological reactions possible in the first place.

This means that the antigen-antibody theory as the main pillar of immunity has definitively been proven wrong and becomes a thing of the past. Pasteur already seemed to have suspected this, as he had deliberately “deceived” the public at the time and committed scientific fraud on several occasions by “whitewashing” the results of his studies, which in reality were less convincing. However, this was only uncovered in 1993 – after almost 20 years of scientific examination and study of Pasteur’s private records of his laboratory work (approx. 10,000 pages) – by Dr. Gerald L. Geison from the Department of History at Princeton University (USA). In addition, tables and graphical representations of the course of epidemics over the last 150 years follow the same line and repeatedly show that *vaccinated people fell ill even more frequently and more severely than non-vaccinated people, which is not surprising as their immune system was “systematically” destroyed*.

Addendum: Please see next page.

Addendum: Some Information Worth Knowing about the History

Infectious Diseases – From a Historic Point of View

Where did this kind of understanding of disease come from? Towards the end of the 19th century, some researchers succeeded in using the increased power of microscopes to display and photograph microorganisms found in pathological samples. Robert Koch, who gave up his medical practice and devoted himself exclusively to science and the expansion of his fame, striving for ever more recognition, and the French chemist Louis Pasteur¹, who remains famous to this day, simply declared the microbes they discovered were the cause of diseases. They did not consider what else was known from the centuries of healing practice, let alone the psyche and the course of diseases in detail. They also failed to consider the influence of such factors as hygiene, nutrition, and other correlations. Someone was sick and something was visible under the microscope that wasn't there otherwise. That had to be it! But just because there is something extra doesn't necessarily mean it's the cause! That's just pure speculation, interpretation, pure postulation, pure hypothesis. It still has to be proven!

The flies, wasps, maggots, worms, and whatever else can be found on a rotten carcass in nature aren't the cause of the animal's death. They're there to convert the dead tissue back into its elementary biological components and process it for other purposes. They came or emerged much later, namely after the animal passed away; they were by no means already present in the living animal. It's the eternal cycle of nature. All you have to do is pay attention. Even the stump of a newly cut, healthy tree only becomes “infected” with moss and fungi over time, thereby rendering it “rotten” slowly but surely, so that it can be converted back to fertile forest soil over the years!

The same applies to microbes when talking about diseases. *Conventional medicine is simply confusing cause and effect!* And thus a materialistic way of thinking increasingly gained momentum in medicine. The “half-baked” opinion of Koch and Pasteur eventually prevailed that the bacteria² they discovered must be the causes of disease. However, it wasn't possible to prove that such single-celled creatures were the cause of all disease. Finally, Pasteur concluded and postulated that there must be something else that could cause illness. This “something else”, which contained a special form of organic structures, which he could never see under a microscope, was what he referred to with the simple collective term “viruses” for the first time in 1881, a Latin word meaning something like mucus, poisonous mucus, or poison. Since differentiating bacteria and viruses based on their visibility under the microscope, all infectious diseases have been classified into two groups: viral and bacterial, exclusively based on which microbes could be detected. It wasn't until more than half a century later that scientists could use the high-resolution electron microscope to research previously unknown cell structures and

¹ Louis Pasteur was a chemist, not a doctor. Imagine that! Our medical thinking today is dictated by the statements of a chemist!

² Bacteria: unicellular microbes.

elements and announce that they had finally found the viruses that Pasteur had previously postulated. This, however, remains very doubtful, as no virus has ever been isolated worldwide.

Microbe Hunting

Since then, conventional medicine has specialized in fighting microbes as far as infectious diseases are concerned. More and more substances have been discovered that inhibit the growth of bacteria or even eliminate them altogether, such as penicillin, sulfonamides, antibiotics, etc., which have become the central pillar of conventional medical treatment. The eradication of the microbes is, therefore, the number one goal in terms of existing infectious diseases, while vaccination is used to prevent viral diseases so that the body doesn't even allow certain microbes to enter and is made immune, quasi-artificially immune. All of this happens largely without consideration of how patients are doing during such therapy, whether they're comfortable, whether there are side effects¹, etc. After all, lab results have become the sole (objective) standard of the measures to be taken. Today's "microbe hunters" are even convinced that they're acting for good reason. That's how far removed they've become from the global understanding of nature. An unprecedented fallacy! This is how modern medicine eventually degraded itself to become the peddler of the pharmaceuticals industry.

Second Addendum: Final Thoughts

A World without Diseases?

There can hardly be a world without diseases, because the so-called diseases are actually not real diseases at all, but *healing phases* – and thus a corrective of the organism, an *emergency or special program of nature* to repair tissue damage to the body that has occurred during permanent sympathicotonia.

However, a world without *serious* illnesses is indeed possible! For if we know and understand the connections between the *biphasic nature of diseases* and the nature of microbes, we will no longer so easily fall into a severe, long-lasting permanent sympathicotonia and thus also not into critical healing phases, which – according to current usage – essentially make up our so-called diseases (with the exception of some severe diseases during the permanent sympathicotonia, in which the permanent vagotonia, this *emergency or special program of nature*, is not achieved).

¹ In conventional medicine, everything that's undesirable and doesn't fit into the concept is labeled a so-called side effect and thereby trivialized. However, every substance has its own (typical) effects! Some of them are very dominant; others, on the other hand, are less noticeable at first or only over time, but they're still there.

Anyone who has understood these connections (the two-phase nature of diseases and the nature of microbes), which are described in detail in my book “*GENTLE MEDICINE – The True Causes of Disease, Healing, and Health*”, can now see for themselves whether the scaremongering about microbes makes any sense at all. Because if they are not the cause of disease and everything comes from within and is centrally controlled by our brain, there is no external attacker that is making our lives difficult and needs to be eliminated. This means that today’s conventional therapy, including vaccinations, is a complete failure.

Dr. Vydyanath Subramanian, homoeopath in India, recognized this immediately after reading *GENTLE MEDICINE* and wrote via Facebook, January 2023:

“This is not just another book on medicine. **It is a MUST read book for practitioners of all systems of medicine** with factual compulsive reports of authenticity that throws light on the invasion of reckless science and technology in the practice of medicine and its obnoxious implications for humanity and how the patients and people become an adage to such science and technology often leading to forfeiture of individual freedom to say ‘Yes’ or ‘No’ and how conscientious physician too can become a victim to this nefarious system of science and technology in the domain of medicine.

In the background of present pandemic of **COVID19** and the accompanying fear psychosis and release of mass vaccination program, without adequate safety profiling, without any indemnification for adverse effects and loss of lives and the mode of trial and error experimentation of pushing every antiviral drug as a sort of knee jerk reaction and to the denial of decent and respectful homage to several lost lives, all in the fear of spread of the pandemic to denial of entry into shopping malls, buses and trains without any vax certificate and curbing the freedom of movement of people, **reading of this book is a MUST for every human being of the world**, ponder over it deeply and arrive at a conscientious decision making and needful action thereof. I think it is time to say goodbye and ‘NO’ to dirty sleaze, economics and politics of everything.”

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Many articles worth reading in German and some English versions additionally like this one: www.tisani-verlag.de/homoeopathie-portal/

Dr. Joachim-F. Grätz has written further books like:

- “Sind Impfungen sinnvoll – Ein Ratgeber aus der homöopathischen Praxis”, 9th edition (*Do vaccinations make sense? – A guide based on homeopathic practice*)
- “Klassische Homöopathie für die junge Familie”, 2 Volumes, 3rd edition (*Classical homeopathy for the young family – Desire to have children, pregnancy support and birth, toddler care, developmental disorders and disabilities, natural development*
Volume 1 – Basics and practice of anti-miasmatic treatment
Volume 2 – Anti-miasmatic case studies from practice)
- “Die homöopathischen Potenzen – Ein Ratgeber aus der Praxis”, 2nd edition (*The homeopathic potencies – A guide from a practitioner – In acute cases and for anti-miasmatic treatment*)

Questionnaires for Homeopathic Therapists as well as Parents:

- *Questionnaire for Your Homeopathic Anti-Miasmatic Treatment:*
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- *Questionnaire for the Homeopathic Treatment of Your Child:*
www.tisani-verlag.de/html/englishfragebogen1.html

